Women’s Self Image

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**Discuss the factors, including cultural factors that may inform a woman's decision to undergo breast enhancement surgery. What role, if any, do media (including pornography) play in shaping a woman's self-image?**

Every woman competes to be beautiful to attract their male counterpart. Breasts are considered an aspect of beauty by this male, and the woman with bigger breasts is regarded more attractive (Varella Valentova et al., 2017). Women who find themselves with smaller breasts tend to be dissatisfied with them, and due to this race to attractiveness, a woman may decide to undergo cosmetic breast surgery or not. Additionally, women, in general, are very sensitive to their appearance (Park, 2007). They each desire to have a perfect body that comprises a curvy figure. But not all of them are fortunate to have all of this. A smaller or oversized breast could spoil this objective. Women may then decide to undergo cosmetic breast surgery to fix this issue. Media greatly influence how women see themselves. It can disfigure their psychological insight of how they see themselves making them engage in risky behaviors when they see that they do not measure up to the impossible goal in front of them (Strahan et al., 2006). Media, including pornography, make women feel pressured to appear like others. It makes women feel underappreciated, mistreated, and unworthy. Media greatly diminishes how women see themselves.

Reference

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